

Draft Introduced: March 17, 2016
Approved: March 17, 2016

MONTGOMERY COUNTY COMMISSION ON HEALTH

Meeting Minutes

February 18, 2016

401 Hungerford Drive, Rockville, Maryland 20850

Members Present: Mitchell Berger, Ron Bialek, Brenda Brooks, Marla Caplon, Ilana Cohen, Maya Das, Stacey Burton Dey Foy, Michelle Hawkins, Lenna Israbian-Jamgochian, Graciela Jaschek, Alan Kaplan, Pierre Marie Longkeng, Rose Marie Martinez, Linda McMillan, Susan Milstein, Sheela Modin, Daniel Russ, Tonya Saffer, Wayne Swann, Ulder Tillman, and Bridget Ware

Members Absent: Fabienne Santel

Staff Present: Helen Lettlow, Ellen Segal, and Robyn Simmons

1.0 Call to Order and Welcome

- Chair Daniel Russ called the meeting to order at 6:07 p.m.

2.0 COH Minutes and Next Meetings

- **Approval of Minutes** – There was motion to approve the January minutes made by Ron Bialek and seconded by Michelle Hawkins. The minutes were approved by voiced consent.
- **Next Meetings** – The next COH meetings will be Thursday, March 17, 2016 at 6:00 p.m. and Thursday, April 21, 2016 at 401 Hungerford Drive, Rockville, first floor, Conference Room 1A.

3.0 Guest Speaker-Brandon Leonard, MA, Director, Strategic Initiatives, Men's Health Network

- Men's Health Network was started by Congress in 1994.
- Men's Health Network has put together numerous outreach projects including Men at Work, Healthy Sunday, Men's Health Month (June), collaboration with sports teams, community partnerships, awareness campaigns, and International Men's Health Week.
- Heart disease is the biggest cause of death among men.
- Sixty percent of men are overweight or obese.
- 1 in 2 men will develop cancer in their lifetime, compared with 1 in 3 women.
- Only 81% of men will get yearly physicals.
- Men often don't see doctors due to work obligations, lack of health insurance, waiting in hopes the problem will disappear on its own, and the engrained sense that "big boys don't cry".
- Men's health doesn't get more attention because men are not the best health advocates, they are not seen as a priority or disadvantaged group, lack of awareness of issues, many men don't ask for help, limited budget and time, and many men are not well integrated into the health care system.
- Activities for Men's Health Month and Men's Health Week include health fairs, health screening, races, cook-offs, press conferences, wear blue days, and numerous other activities developed to garner interest and involvement by men.
- There is an ongoing Dialogue on Men's Health that was started in the fall of 2012. Over 50 public and private sector organizations are participating. There have been 3 white papers done.

- Dr. Tillman asked about the strategies used to breakdown the barrier of men seeking health care. A few items mentioned were getting spouses and family involved, getting men to health events, getting out more information to men, and making waiting room environments more men friendly.
- Doctor's practices are beginning to have group appointments for men only.
- Brandon Leonard feels the County could do an informal recognition highlighting men's health.
- For substance abuse and mental health, the Men's Health Network has a brochure on mental health titled, "Your Head" and door hangers that provide information on signs of depression and where to go for help. They also work in the veteran's community on mental health issues.

4.0 PHS Chief's Report – Dr. Ulder J. Tillman addressed highlights her January 2016 report (included in the meeting packet).

- The first Montgomery County Zika investigation was opened January 20th. There have been 42 investigations as of February 17th.
- There are currently 50 cases of active TB reported for Montgomery County for CY 2015.
- The Silver Spring Health Center held its first Parent Café on January 30th. These will be ongoing 2 hour sessions.

5.0 County Council Report – Linda McMillan

- County Council held a meeting on Care for Kids program.
- There was a session held on refugee settlement; highlighting getting refugees needed services.
- The Council held a session on children fleeing violence focusing on the background of these children to ascertain services needed. Also discussed were problems these children have in school settings.
- Snow funding – Montgomery County is eligible for FEMA assistance.
- State allocation of taxes set aside for Montgomery County is too low for the budget.
- It was noted that last year's tax was over what was expected.

6.0 Liaison Reports – Marla Caplon - MCPS

- During snow storm Jonas schools opened emergency feeding locations. Marla is plans to implement this action as needed going forward.

6.1 Susan Milstein – Veterans Affairs

- Learned there are plans to house veterans who become homeless.

6.2 Wayne Swan - MCAB

- Wayne is working advocacy budget.

7.0 New Business

- Action Item: Wayne Swann will give a letter to the County Council asking support for Montgomery Cares and their budget.
- Action Item: After Wayne has completed the advocacy budget, COH will prepare a letter of support.
- Action Item: Tonya Saffer's workgroup on health literacy will recommend a speaker for March or April on the topic. Betty Lam was suggested.
- Action Item: COH will weigh in on the health recommendations that have been approved by Healthy Montgomery which Ron Bialek spoke about..
- Action Item: CHNA is almost finished with assessment and will prioritize what happens next. COH should weigh in on this as well. Currently, Healthy Montgomery is using a facilitator to set priorities and will finalize them according to the majority opinion.

8.0 Workgroups Reports - Health Literacy

- Focus is on helping County staff and providers with communication with clients.
- Increase signage for health care services and provide signage in various languages depending on need.
- Working on getting a speaker on health literacy for either the March or April meeting. (*See action item under 7.0 New Business*)

8.1 Communicable Disease

- The group has gathered information on TB/HIV.
- Action Item: Explore Zika and how to educate the public on the Zika virus.
- In regards to Zika, place the focus on women of childbearing age and their travel. As with Ebola, train staff to ask about travel.

8.2 Accreditation

- Action Item: Reiterate COH support to the County.
- Action Item: Ask the County to fund the project.
- Action Item: Ask the County to sign the letter favoring accreditation.
- Action Item: Ask the Department of Health and Human Services to set a date for filing the application.

9.0 Adjournment

The Meeting was adjourned at 8:00 p.m.

Respectfully Submitted:

Helen Lettlow
Commision on Health

**Public Health Services
Chief's Report
January 2016**

SUCSESSES AND GOOD NEWS

- The Health Care for the Homeless program is now fully staffed, with a Program Administrator, full-time Community Health Nurse to manage hospital discharge planning and shelter health management, and a part-time nurse to provide nurse case management to the 25 households residing in permanent supportive housing under the DHHS Housing Initiative (HIP) Program.
- The Silver Spring Health Center hosted its first Parent Café on January 30th. Angeline Bell, Rahel Amanuel and Maria Conseulo Naranjo attended a training to become Parent Café Facilitators at the Silver Spring Health Center. The Cafes are two-hour, structured get-togethers that engage parents in meaningful conversations about parenting issues. The goal is to help parents and caregivers share information and ideas that can help them take care of themselves, develop strong relationships with children, and strengthen families. Expansion of the Parent Cafes to the Germantown Health Center and the 1335 Piccard office is being discussed.
- Germantown Health Center held its first annual Holiday Giving Project in which staff adopted Interfaith Works' Becky's House, a shelter for 8 chronically, mentally ill women in Rockville. The GHC staff provided holiday gifts including a set of towels for each resident, fleece blankets, slippers and a stocking filled with personal care items.
- Six School Health Services staff volunteered as part of the Emergency Support Function (ESF #6) emergency housing by working at the Bohrer Park shelter during the 2016 Blizzard. School Health Services management staff also supported the ESF #8 Public Health and Medical Services function in the Emergency Operations Center.

HOT SPOTS

- Maternity Partnership enrollment continues to grow. The number of women enrolled in the first six months of FY16 is 16% higher than the number enrolled during the first six months of FY 15. If enrollment continues to expand at a similar rate through the rest of the year, MP enrollment may approach 2,000 patients by the end of FY16.

UPDATES ON KEY ISSUES

Licensing & Regulatory

- Food License Renewal: As of 02/01/16, - 3,298 facilities have renewed their 2016 food licenses. 334 facilities have not renewed their license to date, staff are following up to determine if they are out of business.
- Legislation and zoning amendments to license AirBnB have been introduced.

Community Health

- Community Health Services and Child Welfare Services (CWS) are strengthening collaboration and streamlining the referral processes between the two programs. They are targeting pregnant and parenting teens. Community Health has developed a referral form for the CWS workers to use to make a referral when they require involvement from a Community Health Nurse. CWS/CHS are planning a training for all Area Health Center staff to provide updates and information on CWS program.
- The Teen Prevention Strategy (DHHS Intensive Case Teaming for teens) has begun targeting 3rd trimester high risk pregnant teens utilizing a whole family focused approach to increase

socioeconomic stability and self-sufficiency within the family unit. The first series of pregnant teen referrals for case teaming has been submitted.

FIMR

- Board members researched details of several evidenced based nurse home visiting programs that have been successful in improving prenatal and child health outcomes. Dr. Tillman reviewed the document, and information was submitted to the Council HHS Committee in response to questions from the Nov. 5th Infant Mortality briefing.
- Community Action Team (CAT) Board member Laura Jenkins, MD wrote an article on Infant Mortality for the Washington Post. The article was scheduled to appear in the Washington Post on January 17th.

Disease Control

- The first Montgomery County Zika investigation was opened on January 20th followed by 7 additional Zika investigations through the end of January. MCDHHS Disease Control Program continues to be busy working with private OB and Pediatric physicians throughout the County to provide guidance around surveillance, case investigation, response, and reporting of Zika virus related illnesses; as well as facilitating specimen delivery to DHMH and ultimately CDC for testing.
- MCDHHS Disease Control Nurses performed Rabies Risk Assessments for 16 individuals and referred 7 individuals for Post-Exposure Prophylaxis at local emergency departments. MCDHHS Disease Control Administrator met with Infection Control Practitioners at Suburban Hospital to provide information about administering and documenting Rabies Biologics. January case investigations were conducted for foodborne illness (16), pertussis (6), legionella (2), measles (1) and mumps (1).

HIV/STD

- One applicant has applied for the vacant Social Worker II position in the Client Services unit via the transfer line. An interview has been scheduled with this applicant for Tuesday, February 9th.

Immunization Program

- Employees Flu Policy numbers have been finalized from all 3 divisions (Aging & Disability, Behavioral Health & Crisis, and Public Health Services) and were reported to DHMH.
- The Immunization CSA's are in the process of conducting a review of 20% of the private school records to keep them in compliance with the State's VFC guidelines.
- The Immunization Program will be temporarily suspending its Adult Immunization Clinic at Dennis Avenue Health Center secondary to low "317" vaccine supply.

Refugee Health

- Personnel- .5 FTE CHN position vacant (PMF and position exemption form sent); PAA was promoted and position will be vacant effective 2/21/16 (PMF and position exemption form pending review/to be sent); plan is to utilize a roving team nurse to temporarily cover the vacant CHN position; TB program will make every effort to help support staffing needs until positions are filled.

Tuberculosis Control

- Personnel-NP candidate selected and offer to be made week of 2/1/16; group physician position posted and a few MDs have reported that they applied; CHN position now filled-recent transfer from RH who is still transitioning/to orient a roving team nurse to temporarily cover the RH vacancy
- Currently 50 cases of active TB reported for MC for CY 2015; there were an additional 4 active cases that were transferred to MC; official final count from DHMH for CY 2015 is pending.

- XDR and MDR cases remain at NIH-no discharge plans reported at this time.
- Nurse Administrator was invited to participate in the upcoming Global Tuberculosis Institute (GTBI) national webinar scheduled for April, 2016-topic is TB screening collaboration among International Student Admissions Office (ISAO), SHS and TB Program-agenda and date/time are pending.
- DHMH and EIS Epidemiologists conducted an onsite review of TB patients with DM; the goal was to examine findings/outcomes related to the LHD implementation of TDM guidelines released 11/14; feedback regarding the program's implementation was positive and preliminary findings are pending.
- Dr. Shah at Johns Hopkins will hold an introductory conference call regarding the upcoming VDOT study on 2/5/16.

Montgomery Cares

- As of December 31, 2015, Montgomery Cares utilization of primary care services was at 33,459 visits, 47% of the annual allocation for FY 16. Anticipated volume for all of FY 16 is 66,000-67,000 visits.

Oral Health

- On January 11, 2016, Dental Services submitted an application to the Maryland Community Health Resources Commission for funding to expand access to dental care for pregnant women being served through the County's Maternity Partnership program.

Care for Kids

- Staff are closely watching Care for Kids FY 16 program expenditures. Medical costs for the first six months of the Fiscal Year were at 75% of the budgeted amount for the entire Fiscal Year. PCC has projected that all funds in the Medical Provider line of the CFK budget will be fully expended by the end of February 2016 and that \$185,000 additional funds are needed to meet medical expenses through the end of the Fiscal Year.

PROGRAM DATA

Program: Infants at Risk (IAR)	Dec-15
Number of Infant at Risk (IAR) referrals received from hospitals or providers	23
YTD Number	114
Number of referrals received from DHMH or providers for children lead levels > 10ug/dl	4
YTD Number	21
Program: Community Health Services	Dec-15

Number of adolescents up to 18 years of age referred to Community Health Service from School Health Services (joint CHS/SHS case-managed pregnant teens)	6
YTD Number	27
Number of CHS/SHS jointly case-managed pregnant teens	see above
YTD number of CHS/SHS jointly case-managed pregnant teens	see above
Number of adolescents up to 18 years of age referred to Community Health Services from Dedicated Administrative Care Coordination Team (DACCT) for case management services	4
YTD Number	28
Number of new Maternity Partnership clients referred for receiving nurse case management services	96
YTD Number	569
Number of new Maternity Partnership clients referred for receiving telephonic case management services	71
YTD Number	476
Program: Health Room	Dec-15
Number of visits by students who return to class after and are ready to learn following health room intervention	40459
Number of visits by students with a health room intervention	46916
Program: SBH/WC	Dec-15
Number of visits each month to the School Based Health and Wellness Centers(non-cumulative)	601
Number of clients enrolled in the School Based Health and Wellness Centers (cumulative)	11055
Program: International Student Admissions Office (ISAO)	Dec-15
Number of VFC vaccinations administered	577
Number of VFC vaccinations administered to uninsured clients **	515
Program: Environmental Health Services	Dec-15
Number of COMAR mandated food service facilities inspections completed by L&R	574
YTD number of COMAR mandated food service facilities inspections completed	2716

Number of expected food service facilities inspections to be completed in Montgomery County as mandated by COMAR regulations	691
YTD number of expected mandated inspections to be completed	4137
Number of food service facilities NOT having a critical violation upon routine inspection	190
YTD number of food service facilities NOT having a critical violation upon routine inspection	839
Number of completed swimming pools inspections	18
YTD number of completed swimming pools inspections	1932
Program: Healthcare Services	Dec-15
Number of nursing homes with actual harm deficiencies	0
YTD number of nursing homes with actual harm deficiencies	3
Number of nursing homes	34
Program: Montgomery Cares	Dec-15
Patients	4,593
YTD Patients	15,985
Encounters	5,451
YTD Encounters	33,324
Program: MC Homeless Health	Dec-15
Patients	21
YTD Patients	65
Encounters	23
YTD Encounters	79
Program: Care for Kids (Quarterly)	Dec-15
YTD new enrollments	766
YTD patients	3,860
Program: Maternity Partnerships	Dec-15
Number of patients referred to hospitals by DHHS	168
YTD Patients	983
New patients enrolled in prenatal care by hospitals	142
YTD Patients	947
Number of teens enrolled	13
YTD teen enrollment	65
Percent of patients with entry during first trimester YTD	44%
Number of patients with entry during first trimester YTD	416
Number of first trimester entries for each month	72

Fetal losses	1
YTD fetal losses	9
Program: Dental Health	Dec-15
<i>Maternity:</i>	
New patients	102
YTD patients	713
Encounters	242
YTD Encounters	1264
<i>Children:</i>	
New patients	146
YTD patients	1141
Encounters	362
YTD Encounters	2004
<i>Adults:</i>	
New patients	97
YTD patients	737
Encounters	291
YTD Encounters	1599
<i>Seniors:</i>	
New patients	46
YTD patients	477
Encounters	149
YTD Encounters	986
<i>TOTAL:</i>	
New patients	391
YTD patients	3068
Encounters	1044
YTD Encounters	5853